

## **Introduktion til Family Constellation / Familieopstilling**

**ved psykolog Marian Engels**



This training will teach you, the therapist, the basic principles of family constellation and how you can integrate this into your clinical work with individual clients. We are all members of a family, a culture, an organisation etc., which are examples of different systems. This workshop will give you knowledge about the “systemic laws” as well as guidelines for working with family constellation as a method in a one-to-one setting. There will be demos and the opportunity to share and practice in small groups.

### **Content:**

- Basic ideas, principles and roots of the systemic approach / family constellation
- Intergenerational and intra psychic trauma
- Systemic influences in the working place: hidden cause of stress
- The practice of constellations work: lessons learned
- Working with representation in body, heart and mind
- Perspective and possibilities

We are all influenced by the systems of which we are members and mostly by our family system. Usually we are loyal to the fate of our ancestors and we carry their unresolved issues with us; even without knowing it. When we meet clients who have been struggling all of their life, are having symptoms that cannot be explained nor accounted for and treatment does not seem to help, it can be helpful to look at the larger picture and this is where family constellation can be a useful.

This training is an introduction to family constellation work for skilled therapists with at least some years of clinical experience and preferably with a body oriented approach, since the body is an important instrument when working with constellation interventions. The training does not prepare participants to facilitate family constellations in a group setting.

### *Underviseren:*

Marian Engels is a Dutch psychologist. She started her working life in the eighties as an organizational and occupational psychologist; working as a HR manager, trainer and coach. Seeing that coaching often was not enough to help clients to resolve their issues, she studied family constellation/systemic interventions for ten years. She is

also a trauma therapist (Somatic Experiencing and NARM: Neuro Relational Affective Model). She integrates these approaches in her way of working. See more here <https://solare-mensenwerk.nl/>

*Sted:* Kbh. Nærmere adresseoplyses efter deadline for bindende tilmelding.

*Tid:* 26.-28. august 2021. Der er morgenbrød og kaffe/the inden start og fuld forplejning dagen igennem.

*Pris:* Early Bird kr. 4990 med bindende tilmelding og betaling senest 1. juni 2021. Herefter er prisen kr. 5490 og tilmelding er bindende fra den 20. juli 2021. Prisen er inkl. materialer og fuld forplejning hele dagen.

*Tilmelding:* er bindende fra den 20. juli 2021 og skal ske via samtidig betaling og tilmelding på webben [www.LSRT.dk/kursus](http://www.LSRT.dk/kursus). Ved tilmelding på webben bedes du med det samme betale det fulde early bird beløb eller et depositum på kr. 500 til vores bankkonto reg: 2310 kto: 0759647998. Mærket: navn +FamOp'. Først ved betaling er din plads reserveret og din tilmelding vil herefter blive færdigregistreret. Restbeløbet skal forefalde senest den 20. juli 2021. Ved betaling herefter stiger prisen med kr. 500.

Når du tilmelder dig via vores webformular er du tilmeldt og har givet tilsagn til at betale for kurset. Framelding af pladser til fuld pris kan ske frem til deadline for bindende tilmelding, mod depositum/gebyr på kr. 500. Efter denne dato kan returnering af kursusafgift fratrukket gebyret alene forekomme, hvis vi eller du kan finde en til at overtage pladsen. Kursusgebyr vil blive opkrævet v. for sent afbud/udeblivelse, såfremt pladsen ikke kan afsættes til anden side. Framelding skal altid ske via mail til [kursus@LSRT.dk](mailto:kursus@LSRT.dk).

Der modtages kun individuelle tilmeldinger.

Er der plads, er du velkommen til at melde dig til samme morgen, men send en sms/ring dog først ;-)

Har du spørgsmål kan du kontakte os på [kursus@LSRT.dk](mailto:kursus@LSRT.dk) eller tlf.2624 4064.